

# DOON PUBLIC SCHOOL, SHIVPURI Syllabus - 2023 – 24

# Subject: Life Skills

**Prescribed Books:** Ready for life by Charles Baker

## FIRST TERM

#### PERIODIC TEST 1

Module 1: I know myself

Module 2: I understand my feelings

## HALF YEARLY EXAMINATION

Module 3: I understand others

Module 4: I think well

Module 5: I think creatively

# SECOND TERM

#### PERIODIC TEST 2

Module 6: I solve my problems

Module 7: I communicate well

#### YEARLY EXAMINATION

Module 8: I have good relation

Module 9: I am stress free

Module 10: I make good choices