

DOON PUBLIC SCHOOL, SHIVPURI Syllabus - 2023 – 24

Subject: Life Skills

Prescribed Books: Ready for life by Charles Baker

FIRST TERM

PERIODIC TEST 1

Module 1: I know myself

Module 2: I understand my feelings

HALF YEARLY EXAMINATION

Module 3: I understand others

Module 4: I think well

Module 5: I think creatively

SECOND TERM

PERIODIC TEST 2

Module 6: I solve my problems

Module 7: I communicate well

YEARLY EXAMINATION

Module 8: I have good relation

Module 9: I am stress free

Module 10: I make good choices